

PREOPERATIVE MEDICATION RESTRICTIONS

Avoid the following medications and herbal preparations for two weeks prior to surgery as they may cause excessive bleeding during and after your surgery. This list only has the more commonly used medications and herbal supplements. If you are unsure about a medication or herbal supplement please contact your physician as to its side effects.

Blood thinners like Coumadin , Warfarin and Plavix --consult your physician prior to stopping.

Aspirin and Aspirin containing products – salicylates

(i.e. Anacin, Alka Seltzer, Arthritis Pain Formula, Aspergum, Bufferin, Bayer, Darvon, Ecotrin, Excedrin, Percodan, and many others)

NSAIDS – Over the counter

Ibuprofen (i.e. Advil, Motrin, Nuprin)

Ketoprofen (Actron, Orudis)

Naproxen (Aleve)

Prescription

Anaprox

Baclofen

Daypro

Indocin

Lodine

Naprosyn

Relafen

Voltaren

Celebrex

Herbal Supplements

Feverfew

Ginko (Ginko biloba)

Ginseng (Panak ginseng)

Garlic (Allium sativam)

Ginger

Dong Quai

Meadowsweet

Omega 3

St Johns Wort

Vitamin E

Tumeric

Willow

OTHER MEDICATIONS – During your preoperative visit ask the anesthesiologist which medications to discontinue and which to take the day of your surgery.