

VERNICK & GOPAL LLC

Ear, Nose and Throat Specialists



Harvard Medical School
Otolaryngology

DAY ADMISSION PROCEDURE PRE-OPERATIVE TESTING

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Audiologist

Date:

Dear:

The appointment for your **PRE-OPERATIVE TESTING AND ANESTHESIA CLEARANCE** is in the Deaconess Clinical Center at 1 Deaconess Rd. Your appointment is on the 3rd floor in pre-procedure testing. You should be prepared to meet and speak with a nurse and anesthesiologist and to have Pre-operative testing performed. This has been scheduled for _____ at _____.

Your surgical procedure has been scheduled with DR. _____ at Beth Israel Deaconess Medical Center for _____ at _____. Please plan to arrive at The Ambulatory surgical suite on the third floor of The Carl J. Shapiro Clinical Center located on the corner of Brookline and Longwood avenues 90 minutes prior to your scheduled surgery time. For you this would be at _____.

Diet Guidelines:

- **YOU MUST NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR SURGERY (THIS INCLUDES CANDY, GUM, AND WATER).**
- **DO NOT TAKE ANY ASPIRIN PRODUCTS OR VITAMIN SUPPLEMENTS FOR TWO WEEKS PRIOR TO YOUR SURGERY DATE (IBUPROFEN, ADVIL, MOTRIN, FISH OIL, VITAMIN E, ETC.)**
- **YOU MAY TAKE TYLENOL IF NECESSARY.**

Please call our office if you have any further questions at 617-383-6846.

Best wishes

Surgical Coordinator



Preparing for your pre-operative visit

Information for surgical patients

You are scheduled to come to the hospital for a pre-operative evaluation. This sheet tells you what to expect during this visit and discusses some of the records that should be sent to us before you come. Please read this information carefully. Ask your doctor if there is anything you don't understand.

Where/when to report

Your preoperative visit is scheduled for: _____

Please come to the **Pre-Admission Testing area** on the third floor of the Clinical Center on Beth Israel Deaconess' West Campus. The Clinical Center is on Deaconess Road, off of Brookline Ave. Valet parking is available at the Clinical Center entrance. If you prefer, you may park your car yourself in the Pilgrim Garage on Crossover Street, which can be reached by either Pilgrim Road or Autumn Street. For directions to the hospital, please call 617-667-3000.

What will happen during your visit

You will meet with a nurse and a member of the anesthesia team during your visit. The nurse will talk with you about your surgery and tell you what you need to do to prepare. The anesthesiologist or nurse from the department of anesthesia will gather important information about your medical history. Depending on your health condition, you may have certain tests such as an EKG, blood tests, or X-Rays.

Your visit could take up to 2 hours. We try to minimize waiting time, but sometimes this is unavoidable. You may want to bring reading material to the clinic to help pass the time if there are any delays.

Special notes on meeting with a member of the anesthesia team

During your preoperative visit, you will meet with a member of the anesthesia team. During this meeting, detailed information about your medical history will be required. **This information is very important** in order to provide you with the type of anesthesia and care that is best for you. Please note the following:

- If you've had treatments or tests at another hospital that are related to your current condition, we need copies of medical records and/or test results. If you've had a recent chest X-Ray or EKG, we like to have copies of these as well.

information

- If you don't have these records yourself, your doctor may fax this information to 617-734-3380.

- If there is time, records may be mailed to:

***Beth Israel Deaconess Medical Center
Pre-admission Testing
West Campus Clinical Center, Suite 354
1 Deaconess Road, Boston, MA 02215***

- Please be sure to tell the anesthesiologist if you've ever had a problem with anesthesia in the past.

This includes things like a high fever during or right after surgery or problems with the breathing tube used during surgery. If you have had problems like this, it will help us to have copies of the medical record from the hospital where you had your previous surgery.

- If your primary care doctor does not have copies of all your records, please contact the specialist's office or the medical records department of the hospital or clinic where your tests or surgeries were done and ask that they be sent to us before your scheduled visit.
- Please be sure to bring a list of all the medicines you currently take, including the doses. This includes medicine a doctor has prescribed and "over-the-counter" medicine.
- You will be given general information about your surgery during your preoperative visit, and you will be asked to call your surgeon's office one business day before your surgery to confirm the date, time, and location of your surgery. **It is important that you make this call, to ensure that you report to the correct surgical area on the day of your procedure.**

 **Fax/phone information**

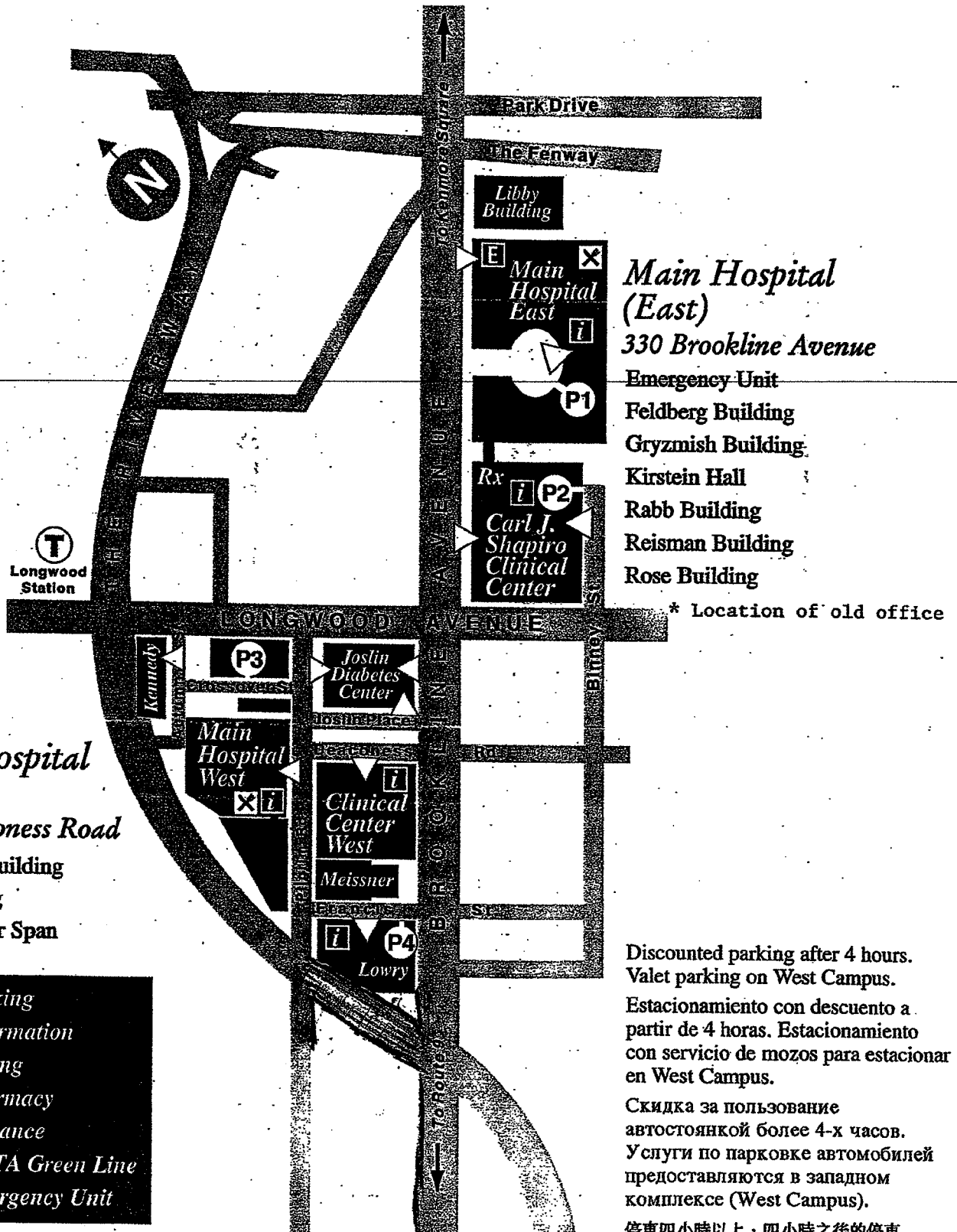
- Your doctor's office may fax records to:
617-754-3380
- If you need to speak with us, please call:
617-754-3369



**BETH ISRAEL DEACONESS
MEDICAL CENTER**
A member of CAHEGROUP

Visitors' Map

Mapa del Centro Medico Beth Israel Deaconess
Схема для посетителей
醫院地圖



* Location of old office

Discounted parking after 4 hours.
Valet parking on West Campus.

Estacionamiento con descuento a partir de 4 horas. Estacionamiento con servicio de mozos para estacionar en West Campus.

Скидка за пользование автостоянкой более 4-х часов. Услуги по парковке автомобилей предоставляются в западном комплексе (West Campus).

停車四小時以上，四小時之後的停車費有折扣。
在西院區有代人泊車服務。